

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

CALIFORNIA STATE PRISON, SOLANO (SOL) 2100 Peabody Road Vacaville, CA 95687		Tonya Parker-Mashburn Community Resource Manager (707) 454-3491
	Name of Program	Summary Description
1	A Step Closer	Continued offender education and growth encouraging acceptance of responsibility and addressing harm caused by crimes
2	Al-anon	12-step support recovery program for families and children of a substance abuser
3	Alcohol Substance Abuse Treatment	Counseling and treatment for alcohol abuse
4	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
5	Alternatives to Violence Project (AVP)	Classes regarding changes in violent behaviors
6	Alternatives to Violence Project (AVP) – Facilitator Training	Training of inmate facilitators to lead 22-hour intensive workshops on alternative approaches to violent behaviors/conflict resolution, plus facilitation debriefing post workshops
7	Anger Management	Alternatives approaches to angry and violent behavior
8	Art & Phil	Motivational ministry seminar experience through word and song
9	Book Club Discussion Group	Reading comprehension and writing to compare historical events with life today
10	Celebrate Recovery	12-step recovery program for dysfunction including drugs, alcohol, sexual abuse, anger, etc.
11	Denial Management	To effectively deal with problems, offenders must understand the types of denial mechanisms. Method of confronting denial faced by most addicts and alcoholics and overcome denial to assist them in moving forward in their treatment.

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12	Domestic Violence	Recognition and prevention of domestic violence
13	Epictetus Club	Social skills and leadership training
14	Gang Recovery	12-step gang recovery support
15	Going for the Gold	Tangible and realistic goal setting
16	Great Dads	Parenting skills; teaches participants how to be a better dad and assist guardian of children while incarcerated
17	HIRE	Seeking job opportunities and being responsible employees
18	Katargeo	This teaches members to become mature men who think, understand and express themselves responsibility, and one that is accountable for his behavior and to his family and community
19	Kingdom Living	Living out your faith/spirituality by promoting within the institution safety and security and cooperation with staff and inmates.
20	Kingdom of Inheritance	Intra-personal conflict resolution, self-esteem and personal confidence development
21	Leadership Training	Training of facilitators – includes California Association of Alcoholism and Drug Abuse Counselors Offender mentor group inmates
22	Life without Limbs	Inspirational and motivational speaking to promote rehabilitation

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23	Lifer Crochet Group	Compassionate community support via crocheted donations from inmates
24	Marriage for Success	Preparing offenders for positive relationship with wife and significant other and better ways of treating and responding with significant other
25	Melissa Scott	In-depth seminar to provide inmates awareness of connection with rehabilitation, respect, healing, forgiveness, and family stability
26	Men of Purpose	Mentoring program connecting offenders with external mentors to assist with communication skills and breaking the prison mindset to assist in the transition back to society primarily targeting inmates paroling within 48 months, accepting others to participate
27	Motivational Musicals	Motivational ministry through word and song
28	Narcotic Substance Abuse Treatment	Counseling and treatment for narcotic abuse
29	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
30	New Realities	Allows inmate to break inhibiting cycle of conditioned habits and become happier, fulfilled human beings
31	Parenting	Parenting skills for appropriate interaction, discipline and communication
32	Passport to Purpose	Find clarity to God's purpose, direction and goals in live, serve God and others
33	Personal Discovery	Focuses on personal development, financial planning and skills to prevent relapse. Promotes community building, ability to cope with life stresses, how to maintain employment, budget, support network, and overcome doubt.

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34	Pre-Release	Empowering inmates with the necessary life skills to reduce the recidivism rate and collaborating with local service providers to inform of inmate needs prior to release including job fairs
35	Prison Outreach Program (POP)	Rehabilitation classes and life skills training including the regular meetings of an executive body, facilitator training, seven habits of highly effective people, anger management, change for life strategies and relapse prevention
36	Project Pride	Communication, anger management, relapse prevention, parenting, and managing emotions
37	Purpose Driven Life	Promoting change in responding to anger, reducing drug use, and change in criminal thinking
38	Sally O'Conner	Motivational ministry seminar experience through word and song
39	Self-Esteem by God's Design	Teaches the eight components of Self-Esteem: feelings, thinking, choosing, communicating, self-awareness, moral-awareness, spiritual awareness, creativity
40	Self-Help Book Group	Self-directed, self-help reading and learning
41	Solano CARES – (Compassion, Accountability and Remorse Expressed through community Service)	Compassion, accountability and remorse expressed through community service
42	Solano CARES - Relay for Life	Community support focused on cancer awareness and prevention
43	Solano County Child Support Services	Find clarity to God's purpose, direction and goals in live, serve God and others

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44	Solano Music	Provides educational instruction to teach the fundamentals of music theory and to develop musical skills and knowledge. Offers recreational activities designed to compliment institutional functions such as graduations, ceremonies, and special events.
45	Tawheed / Changing Faces	Victim centered, offender sensitive facilitated preparation and dialogue process involving victim advocates culminating with a surrogate victim panel
46	ToastMasters	A group that teaches the skills to be an effective public speaker while fostering leadership and responsibility
47	Transformational Ministries – Prison Fellowship	Promoting change to celebrate recovery, HIRE, Going for the Gold, drug abuse and dependency
48	Veteran's Re-Entry Preparation	Connect veteran inmates paroling within 36 months to the US Department of Veterans Affairs and the Veteran community for assistance and support with reentry
49	Victim/Offender Reconciliation Group (VORG)	A victim centered, offender preparation and dialog process involving victim advocates and offenders
50	Wings of Love	Motivational ministry seminar experience through word and song
51	Youth Diversion Prisoners Outreach Program (POP)	Juvenile awareness and diversion program enabling inmates to relate to youth the particular events leading to incarceration, in an attempt to deter the juveniles from a life of crime and imprisonment

Updated annually in May